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INTERNATIONAL MEETING ON EDUCATION & RESEARCH IN HEALTH SCIENCES

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OP-49

The Effects of The "Strengtening The Profession Training Program (STPTP)" To The Professionalisation In Nursing

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Constantly renewing and discussing the knowledge related to the term, following a curriculum which includes the standards of professionalizing is crucial with intent to strengthen proffessionalizing. Therefore, the aim of this study is to determine the effects of "strengthening the profession training program" to nurses' professional behaviour. This research was carried out between the dates February 2016- February 2017. The field of the research was consisted of the nurses who are working in Ankara Yıldırım Beyazıt University Yenimahalle Training and Research Hospital (N:175). The sample of the research was consisted of the nurses who were volunteer to participate in the research and determined their shifts according to training programme (n:29). Before STPTP, sample group were implemented with "Behavioral Inventory For Professionalism In Nursing (BIFPIN)". Afterwards, with the nurses in sample group STPTP were performed. STPTP consisted of 8 sessions and every session were performed approximately 120 minutes. Following the completion of the training, the scale which was carried out as preliminary test by sample group were carried out again as a posttest and evaluated the difference between median of total scores. The median pretest total score of BIFPIN was found to be 5,50(min=2,5;max=20); the median of posttest total score was found to be 7,00(min=3;max=15). In terms of median total scores, there was a statistically significant difference between pretest and posttest scores (p:0,038; Z:2,077). After training programme, posttest score of BIFPIN were found significantly higher than pretest score. However, the results show that STPTP was effective to improve nurses' professional behaviour. mild pain; 1.279±0.31 in the group with moderate pain and 1.222±0.20 in the group with severe pain. There were significant difference between the averages of groups with Oneway ANOVA ($p<0.024$). By using Tukey Test, C-IMA values in group with mild pain found significantly lower than C-IMA values of the group with moderate pain (p=0,021). Our findings showed that C-IMA increased in patients with PD. Their levels were related with severity of the pain, suggesting roles of ischemia and oxidative stress in PD. Probably pain-generating mechanisms also produce oxidative stress and ischemia. Molecular mechanisms which induce oxidative stress together with ischemia and pain should be investigated in further studies.

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